

Elizabeth Halmai, D.O.
Medical Director
Polytrauma Rehabilitation Center
South Texas Veterans Health Care System

Dr. Elizabeth Halmai is currently the Medical Director for the Polytrauma Rehabilitation Center in San Antonio, part of the South Texas Veterans Health Care System. She received her Doctor of Osteopathic Medicine Degree from Touro University in California in 2005. She then completed her Residency in Physical Medicine and Rehabilitation at the University of Texas Health Science Center in San Antonio Texas in 2009 and went on to complete her Board Certification in Physician Medicine and Rehabilitation. Upon completion of residency, Dr. Halmai began her work with the Polytrauma System of Care at Audie L. Murphy Memorial Veterans Hospital in 2009 where she played a large role in establishing the outpatient Polytrauma Support Clinic Team. In December of 2010 she began her responsibilities as the Medical Director of the Inpatient Polytrauma Rehabilitation Center.

As Medical Director, Dr. Halmai and her large interdisciplinary team address the rehabilitation needs of both active duty service members and veterans as they recover from injuries ranging from stroke to complex polytrauma injuries sustained during combat. The goal of this unique unit is to address the physical, emotional, mental, cognitive and spiritual needs of the patients and families during the often difficult recovery process and to assist with reintegration into the community.

Her current research and academic interests include gait changes after head injury, traumatic brain injury and epilepsy, complementary and alternative medicine, wellness and health coaching.

SOUTH TEXAS VETERANS

HEALTH CARE SYSTEM
SERVING ONE VETERAN AT A TIME