

I'm Darcy Hotchkiss; a Veteran, GS -14 Cyber Security Analyst, and a Practitioner of The Domancic Method of Bioenergy Therapy. In my free time, I provide donation based Bioenergy Therapy Group healing events for civ/military/vets with diagnosis of Post-Traumatic Stress Disorder (PTSD).

What I've seen not going well: A common theme I hear from Veterans coming to me for Bioenergy who have tried VA/ DOD services - i.e. medications, counseling or "talk therapy" is: they don't want to continue to relive the pain and trauma over and over again in therapy sessions. One Vet stated that he feels "worse" after attending the counseling. Another Vet said the medication made him feel disconnected, numb and destroyed his ability to be intimate with his wife.

What is going well for veterans with this therapy: We are experiencing and seeing the positive effects of Bioenergy Therapy as it manages and in some cases completely reverses symptoms of PTSD and other disorders.

I'm no way suggesting Bioenergy Therapy is a replacement for conventional therapies. We don't see ourselves as competition with medicine – because we are not practicing medicine. As an alternative to what is being done; and may not be completely working for vets, we would like to see Bioenergy Therapy offered and available on a larger scale to those who want or need something else. We are getting amazing results with Bioenergy Therapy and we believe proof is in the results of this work; everyone should have access to this method.

Darcy Hotchkiss