

Charles C. Engel, MD, MPH
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Colonel Engel is Director of the Deployment Health Clinical Center at Walter Reed, and Associate Professor and Associate Chair for Research in the Department of Psychiatry, Uniformed Services University. He is a combat veteran with 30 years of U.S. Army service. Engel has had an enduring interest in methods to improve mental health services in primary care settings, having published over 120 scholarly articles and 225 abstracts in related areas. He founded and currently leads RESPECT-Mil, a systems-based collaborative care approach to recognition and management of depression and PTSD in military primary care, a program implemented for over 2.5 million visits in 88 worldwide Army clinics over the past five years. Engel and colleagues from the Deployment Health Clinical Center, Uniformed Services University, RAND Corporation, RTI International, University of Washington and Boston University are now in the midst of a DoD-funded 5-year, \$15 million, 18-clinic randomized trial of an enhanced RESPECT-Mil approach to depression and PTSD that is called the STEPS-UP Trial. Dr. Engel has received several awards for his research and teaching, serves on the Board of Directors of the International Society of Traumatic Stress Studies, runs a unique Uniformed Services University Fellowship in Disaster & Preventive Psychiatry, and is an active clinician educator and scholarly mentor.